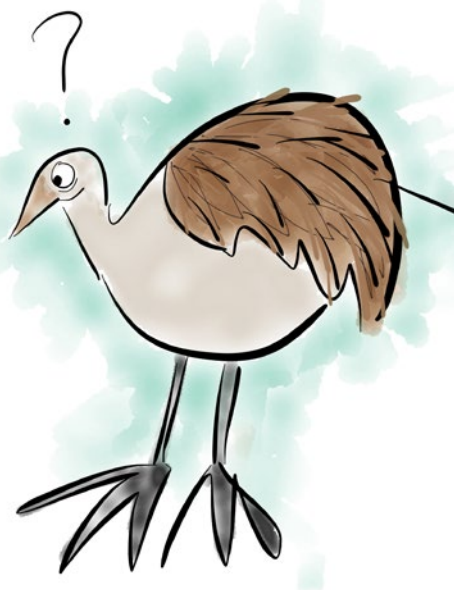


Over the page is a scene just like Marlee's future nest. When you think about your future, what do you hope to see? Write or draw your future "nest" using the guidelines below:

- Sticks and leaves symbolise: "How I want to feel".
- Scrub symbolises: "What I want to surround myself with" — This could be types of people or activities.
- Big trees symbolise: "Safe people who will help look after me and my future".
- Clouds symbolise: "My big dreams".

What else do you want to see in your future? Think about what you need to have a safe future. Maybe you need to learn new skills? Maybe there are some habits in your life now that need to change?



Marlee's Yarn

My future nest

