Government of **Western Australia**
Department of **Communities**

Family and Foster Care Learning
Carers at the heart of learning

2027 Workshops and Webinars

Click on the 'months' to view workshops

January

No Workshops

February

e-Safety

PACE

March

Creating Safety & Belonging

The Story of Us: Exploring Family, Care & Connection

Heartbeat (First Aid)

April

Caring for Aboriginal Children

May

Therapeutic Crisis Intervention for Families

June

Wellness Forum

Protective Behaviours

Supporting relationships with children's parents

Moorditj Yarns

Heartbeat (First Aid)

July

Creating Safety & Belonging

Foetal Alcohol Spectrum Disorder (FASD)

August

Therapeutic Crisis Intervention for Families

Men Who Foster

September

PACE

October

Creating Safety & Belonging

Heartbeat (First Aid)

Caring for Aboriginal Children

November

Therapeutic Crisis Intervention for Families

December

No workshops

The Department of Communities acknowledges Traditional Custodians of Country throughout Western Australia and recognises their continuing connection to lands, waters and communities. We pay our respects to Aboriginal and Torres Strait Islander cultures, and to Elders both past and present.

To access this calendar, and the online enrolment form, please click on the link below:
Information for current foster and family carers (www.wa.gov.au)

Term 1 2027

11 February Thursday	**e-Safety / Cybersafety** 10.00am to 1.00pm	Tuart Hill	WA Child Safety Services Creating Safer Communities
18 February Thursday	**P.A.C.E – A Daniel Hughes Approach** (no creche) 9.30am to 1.00pm	Bentley	Jane Ogilvie
10 March Wednesday	**Creating Safety and Belonging** 9.30am to 2.30pm	Beechboro	Carolyn Aylmore
24 March Wednesday	**The Story of Us: Exploring Family, Care & Connection** 9.30am to 2.00pm	Piara Waters	Jane Ogilvie
31 March Wednesday	**Heartbeat Club – First Aid course** 10.00am to 1.00pm	Dayton	ROYAL LIFE SAVING WESTERN AUSTRALIA

Term 2 2027

28 April Wednesday	**Caring for Aboriginal Children** 10.00am to 1.00pm	Beechboro	Abigail Ware
6, 13, 20 & 27 May Thursdays	**Therapeutic Crisis Intervention for Families (TCIF)** 9.30am to 2.30pm	Ballajura	Carolyn Aylmore / Jane Ogilvie
9 June Wednesday	**Wellness Forum** 9.30am to 2.30pm	Central	Carolyn Aylmore
17 June Thursday	**Protective Behaviours, an introduction** 9.30am to 1.30pm	Tuart Hill	Carolyn Aylmore
23 June Wednesday	**Supporting relationships with children's parents** 9.30am to 2.00pm	Morley	Jane Ogilvie
28 June Monday	**Moorditj Yarns** 10.00am to 11.30am	Online - Webinar	Abigail Ware
29 June Tuesday	**Heartbeat Club – First Aid course** 10.00am to 1.00pm	Baldivis	ROYAL LIFE SAVING WESTERN AUSTRALIA

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Term 3 2027

21 July Wednesday	**Creating Safety and Belonging** 9.30am to 2.30pm	South	Carolyn Aylmore
22 July Thursday	**Foetal Alcohol Spectrum Disorder (FASD)** 10.00am to 1.00pm	Central (Hillview)	Neil Reynolds / NOFASD
5,12,19 & 26 August Thursdays	**Therapeutic Crisis Intervention for Families (TCIF)** 9.30am to 2.30pm	South	Jane Ogilvie / Carolyn Aylmore
27 August Friday	**Men Who Foster – Celebration** 6.30pm to 9.30pm	Central	Carer Learning Team
16 September Thursday	**P.A.C.E – A Daniel Hughes Approach** 9.30am to 1.00pm	South	Natalie David

Term 4 2027

14 October Thursday	**Creating Safety and Belonging** 9.30am to 2.30pm	Central	Carolyn Aylmore
21 October Thursday	**Heartbeat Club – First Aid Course** 10.00am to 1.00pm	Heathridge	ROYAL LIFE SAVING WESTERN AUSTRALIA
28 October Thursday	**Caring for Aboriginal Children** 10.00am to 1.00pm	South / Central	Abigail Ware
3, 10, 17 & 24 November Wednesdays	**Therapeutic Crisis Intervention for Families (TCIF)** 9.30am to 2.30pm	North	Natalie David / Carolyn Aylmore

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Core Learning (within the first 12 months)

Creating Safety and Belonging

(formerly attachment and trauma)

This one-day workshop combines practical strategies with insights from attachment and trauma research to help you build trust, create safety and belonging, and support children's healing, wellbeing and development.

You'll explore practical ways to understand what may lie beneath a child's behaviour and how everyday therapeutic caregiving can promote healing, build resilience and strengthen connections. But wait there's more you'll also discover how you can support a child's sense of identity and connection to family, culture and community.

By the end of this workshop, you will be able to:

- Reflect on your strengths as a carer and identify ways to build stronger relationships with the children and young people in your care.
- Recognise what children's behaviour may be communicating about their needs and feelings.
- Use everyday strategies to build safe, secure relationships that support children's wellbeing, healing, and development.

March	July	October

Heartbeat Club – First Aid course

The Heart Beat Club is a community education initiative of Royal Life Saving that aims to increase your skills and confidence in CPR and First Aid on infants and children. Royal Life Saving recommends that everyone should know how to resuscitate someone.

This training session covers first aid for common child injuries including burns and scolds, choking, drowning and provides information on how to perform infant and child CPR.

March	June	October

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Core Learning (within the first 12 months)

P.A.C.E – A Daniel Hughes Approach

Playfulness, acceptance, curiosity and empathy

PACE is a way of thinking, feeling, communicating and behaving that aims to make the child feel safe. It is based upon how parents connect with their very young infants. As with young toddlers, with safety the child can begin to explore.

With PACE, the troubled child can start to look at themself and let others start to *see* them or get closer emotionally. They can start to trust.

February	September

Therapeutic Crisis Intervention for Families (TCIF)

Caring for a child who is struggling with big emotions can be challenging. **Therapeutic Crisis Intervention for Families (TCI-F)** gives carers practical tools and confidence to respond calmly and effectively when children become distressed.

Through this training, you'll learn how to prevent and de-escalate crises, understand the reasons behind behaviour, and help children build emotional regulation and coping skills. Most importantly, you'll learn ways to strengthen trust, connection, and positive relationships.

Suitable for carers of children aged 9 years and over.

Must attend all four sessions to complete this course

May	August	November

Cultural Learning opportunity

Walk for Reconciliation

Come and join our team for this annual walk and immerse yourself in Aboriginal storytelling and culture. We will meet at the venue, engage in a yarning circle, and then walk together through Kaata Koomba.

Further details to be provided once date is confirmed.

TBC

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Recommended Learning (within the first 2 years)

Caring for Aboriginal Children

Come along and use this opportunity to build your confidence and knowledge when caring for Aboriginal children.

Topics include – Aboriginal history, family systems, connection, parenting, communication, cultural planning, and cultural safety.

Fun, relaxed environment, great place to ask lots of questions!

April	October

e-Safety / Cybersafety

You don't need to be a tech expert to help kids and teens have positive and safer interactions online. Our Online Safety programs are backed by the latest research and provide practical and realistic advice to parents and people working with children and young people.

WA Child Safety Services avoid using jargon and scare tactics – our aim is to give you access to the latest information about how you can help children navigate risks so they can enjoy their online experiences.

February

Moorditj Family Yarns

Relaxed online sessions to yarn about topics important to Aboriginal and Torres Strait Islander children.

Participants are encouraged to share their thoughts and experiences and ask questions. For the best experience, please link into these sessions with your camera and microphone on!



June

Protective Behaviours, an introduction

Protective Behaviours is a personal safety program that teaches children skills and strategies to identify and respond to a range of unsafe situations.

The program is underpinned by two core themes:

- "We all have the right to be safe and feel safe at all times."
- "We can talk with someone about anything, no matter what it is."

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Special Interest Topics (as needed)

The Story of Us: Exploring Family, Care and Connection

Every family has a story. For family and foster carers, the journey of caring often brings new relationships, new challenges, and unexpected strengths.

Join us for an interactive workshop where we'll reflect on our family stories, explore the people who matter most, and consider how our experiences influence the way we care for children. Through conversation, creative activities and shared reflection, carers will have the opportunity to connect with others, celebrate their strengths and gain new insights into the caring role.

Come along to connect, reflect and celebrate the difference you make as a family and foster carer.

March

Supporting relationships with children's parents

Children in care benefit from maintaining safe and meaningful connections with the important people in their lives. For carers, these relationships can be rewarding, complex and at times challenging to navigate.

This 1-day workshop invites foster and family carers to explore the experiences of children's parents, reflect on the importance of identity and belonging, and consider practical ways to support children's family connections while maintaining healthy boundaries.

Suitable for both foster and family carers, with recognition of the unique challenges that can arise when caring for children within your own family network.

Important Information
This workshop focuses on relationships, understanding perspectives and supporting children's identity and belonging. The session is not intended to review or provide advice regarding individual safety plans, contact arrangements, court orders, child protection decisions or case management processes.

June

Wellness Forum

Come and meet other carers, connect over lunch, learn from each other and unwind a little.

Details to be confirmed

June

Foetal Alcohol Spectrum Disorder (FASD)

Learn about FASD, its impact on early and lifelong development and strategies for prevention and support.

July

Men Who Foster - Celebration

An evening to share experiences, learn from others, and enjoy a meal together.

*** Maximum 40 people ***

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External Learning Opportunities and Useful Websites

Circle of Security Providers

Ngala – facilitates an eight-week program in partnership with Parenting Connection WA (see website below)

- Gascoyne, Midwest and North West Metro

South Coastal Health and Community Services

- Rockingham

Midvale Hub Parenting Service – free service for parents and families

- Mundaring, Swan, Bassendean and Bayswater council areas

Useful Websites:

ADHD-WA - https://www.adhdwa.org/ - peak body in WA

Australian Childhood Foundation – Professional Community Resources Page – https://professionals.childhood.org.au/resources/

Beacon House – Resources Page - https://beaconhouse.org.uk/resources/

Center for the Developing Adolescent – University of California (UCLA) - https://developingadolescent.semel.ucla.edu/

Center on the Developing Child – Harvard University – Resources Page - https://developingchild.harvard.edu/resources/

Centre for Excellence in Therapeutic Care - CETC - Centre for Excellence in Therapeutic Care

Child Trauma Academy (Bruce Perry and Associates) – Library Page - https://www.childtrauma.org/cta-library

Community Services ACT – Therapeutic resources section - https://www.communityservices.act.gov.au/children-and-families/adoption-kinship-and-foster-care/therapeutic-resources

CREATE Foundation – https://create.org.au/

Emerging Minds – Resources Page - https://emergingminds.com.au/

Foster Care Association (WA) – https://www.fcawa.com.au/

Office of the eSafety Commissioner - https://www.esafety.gov.au/ - free information to parents, teens, kids – webinars – up to date info

Parenting Connection WA - https://parentingconnectionwa.com.au/ - free parenting events across the state – includes Circle of Security, Bringing up Great Kids

Therapeutic Parenting (Naish) - https://www.facebook.com/groups/therapeuticparents

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